

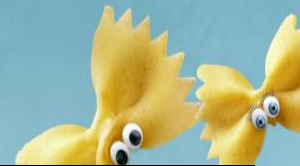
# Whitchurch Infants Menu Autumn 2021









# Lunch Menu

## Week 1 - Mains

Week commencing – 02/9, 20/9, 11/10, 08/11, 29/11



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Burrito (V)</b> A soft wrap filled with lightly spiced veggies and rice 	<b>Allegra's Chicken Filo Pie with Mashed Potato</b>  Light filo pastry, hearty chicken centre	<b>Roast Turkey with Roast Potatoes and Gravy</b>  Succulent roast Turkey with fluffy roasties and tasty gravy	<b>Bacon All Day Breakfast with Potato Wedges</b>	<b>Golden Fish Fingers and Chips</b>  Crispy Fish Fingers and scrummy chips
<b>Alternative Dish</b>	<b>Cheese and Tomato Pizza** (v)</b>  Served with Dough Balls	<b>Macaroni Cheese (V)</b> 	<b>Roast Quorn (V) with Roast Potatoes and Gravy</b> 	<b>Quorn Hotdog with Potato Wedges</b> 	<b>Quorn Dippers and Chips (V)</b>  Crispy Quorn nuggets with their fav sauce – ketchup
<b>Third Choice</b>	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **
<b>Salads</b>	<b>A Selection of Fresh Salads</b> Including Lettuce, Cucumber, Tomato, Grated Carrot, Sweetcorn and Potato Salad				
<b>Jacket Potato</b>	<b>Jacket Potato With A Choice Of Fillings</b> Jacket Potato with Salmon Mayonnaise *** on Tuesday 				
<b>Vegetables</b>	Fresh Carrots Sweetcorn	Peas Broccoli	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas and Carrots
<b>Desserts</b>	Raspberry Ripple Ice-Cream with Fruit Slices	Secret Brownie	Shortbread Biscuit with Fruit Slices*	Berry & Peach Oaty Crumble* with Custard 	Chocolate Raspberry Swirl Cake
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					








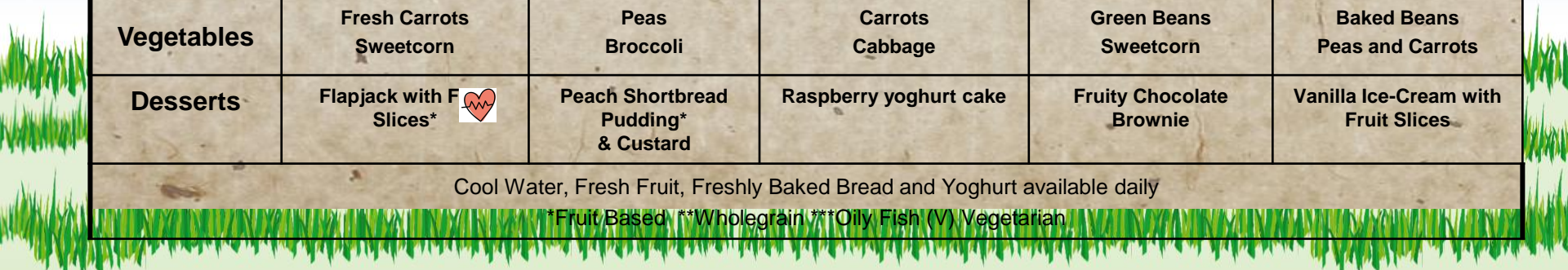
# Lunch Menu

## Week 2 - Mains

Week commencing – 06/9, 27/9, 18/10, 15/11, 6/12



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Veggie Bolognese ** (V)</b>  Penne pasta in a yummy tomato Quorn sauce 	<b>Sausage and Mash</b>	<b>Roast Chicken with Roast Potatoes and Gravy</b>  Succulent roast chicken with fluffy roasties and tasty gravy	<b>Beef Bolognese**</b> 	<b>Golden Fish Fingers and Chips</b>  Crispy Fish Fingers and scrummy chips
Alternative Dish	<b>Cheese and Tomato Pizza ** with Dough Balls (V)</b>  Cheesy Tomato Topped Pizza Slice	<b>The Incredible Burger with Potato Wedges (V)</b>	<b>Roast Quorn (V) with Roast Potatoes and Gravy</b>	<b>Veggie Balls in Tomato Sauce with Pasta**</b> 	<b>Quorn Dippers with Chips (V)</b> 
Third Choice	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **
Salads	<b>A Selection of Fresh Salads</b> Including Lettuce, Cucumber, Tomato, Grated Carrot, Sweetcorn and Pasta Salad				
Jacket Potato	<b>Jacket Potato With A Choice Of Fillings</b>				
Vegetables	Fresh Carrots Sweetcorn	Peas Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas and Carrots
Desserts	Flapjack with Fruit Slices* 	Peach Shortbread Pudding* & Custard	Raspberry yoghurt cake	Fruity Chocolate Brownie	Vanilla Ice-Cream with Fruit Slices
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily					
*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					



# Lunch Menu

## Week 3 - Mains

Week commencing – 13/9, 04/10, 01/11, 22/11, 13/12



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Cheese and Tomato Pizza*</b>  Dough Balls	<b>Allegra's Tuna Ragu with Cheesy Polenta</b> 	<b>Roast Chicken with Roast Potatoes and Gravy</b> Succulent roast chicken with fluffy roasties and tasty gravy	<b>Beef Meatballs in Tomato Sauce</b>  Our Famous Meatballs in a tasty Tomato Sauce with Wholemeal Pasta**	<b>Golden Fish Fingers and Chips</b>  Crispy Fish Fingers and scrummy chips
<b>Alternative Dish</b>	<b>Veggie Sausage and Mash with Gravy (V)</b> Fluffy mash with veggie sausages and rich gravy 	<b>Allegra's Cheesy Peasy Risotto Bake (V)</b>  A delicious cheesy risotto	<b>Roast Quorn (V) with Roast Potatoes and Gravy</b>	<b>Veggie Balls In Tomato Sauce with Pasta** (V)</b> 	<b>BBQ Veggie Burger (V) with Chips</b>
<b>Third Choice</b>	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **
<b>Salads</b>	<b>A Selection of Fresh Salads</b> Including Lettuce, Cucumber, Tomato, Grated Carrot, Coleslaw 				
<b>Jacket Potato</b>	<b>Jacket Potato With A Choice Of Fillings</b>				
<b>Vegetables</b>	Peas Carrots	Sweetcorn Broccoli	Carrots Cabbage	Fresh Broccoli Sweetcorn	Baked Beans Peas and Carrots
<b>Desserts</b>	Oatie Biscuit* with Fruit Slices	Pineapple and Peach Crumble with Custard* 	Strawberry Ice Cream with Fruit Slices	Chocolate Sponge Cake	Crispy Snow Bar with Fruit Slices*
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					

